



May 2026 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
5-4	5-5	5-6	5-7	5-8
PBJ Uncrustable Carrots	Egg Salad Sandwich Cucumbers	Asian Dumpling and Spring Roll Sampler Snap peas	Turkey and Melted Cheddar Cheese On Pretzel Bun Celery	Manicotti Cheese stuffed Pasta Side Salad
5-11	5-12	5-13	5-14	5-15
PBJ Uncrustable Carrots	Tuna Salad Sandwich Potato Wedges	Chicken Adobo Filipino Style Jasmine Rice Bok Choy	Sloppy Joes On whole grain Kaiser Cole slaw	Baked Ziti Roll and Butter Cucumbers
5-18	5-19	5-20	5-21	5-22
PBJ Uncrustable Carrots	Chicken Salad Sandwich Three Bean Salad	Tteok-bokki Korean Rice Cake (a giant noodle-its fun!) Radish Salad	Buffalo Chicken Sub with Ranch Dressing Celery	French Bread Pizza Side Salad
5-25	5-26	5-27	5-28	5-29
No School for Scholars Memorial Day	PBJ Uncrustable Carrots	Spinach Salad with Grilled Chicken, Feta and Strawberries Cucumbers	Jewish Heritage Month Cheese Blintzes with Berries Potato Latkes	Pizza Dunkers Marinara Sauce Side Salad

Breakfast Menu

Served with fresh fruit and milk.

Monday through Thursday, choice of:

- ~Whole Grain Bagel with variety of spreads
- ~Cereal selection

Breakfast Fridays:

Kitchen Choice Fresh Fruit and Milk

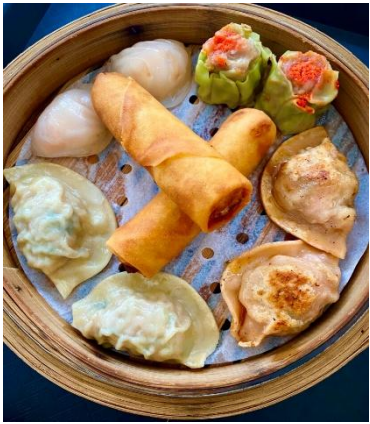
We serve as many whole grains, low fat, and low sodium foods as possible at every meal.

All meals served with milk, whole grain option, fresh fruit, fresh vegetable of the day *All meals served as is, unless allergies are noted, or alternative is ordered by 9:30 a.m.*

* We are a CEP school. All scholars receive 1 breakfast and 1 lunch free of charge. *Finn Academy is an equal opportunity employer.

Hello Finn Families,

In May, we celebrate Asian/Pacific Islander American Heritage Month and Jewish American Heritage Month. We will start with a dumpling and spring roll sampler from all over Asia. Then to the Philippines with everyone's favorite Chicken Adobo and a taste of Korea with Tteok-bokki (rice cake noodles), a popular Korean street food. Highlighted in the last week of the month we will try a popular Jewish American food called Blintzes, a lightly sweet cheese stuffed crepe with berries served with potato pancakes (latkes).



**Asian Dumpling
Sampler**



Philippines Adobo Chicken



Jewish American Blintzes with berries



**Korean Rice Cake (giant noodle)
Tteok-bokki**

We hope you are enjoying the warmer months and getting outside! Remember to stay hydrated with lots of water and unsweetened beverages!

Happy Spring!