



# APRIL 2026

# MENU Yay Spring!



Monday	Tuesday	Wednesday	Thursday	Friday
3-30	3-31	4-1	4-3	4-4
PBJ Uncrustable Carrots	Stuffed Shells Roll and butter Cucumbers	Hummus, Mini Naan Cheddar Cheese "Lunchable" Bell Pepper Slices Special Treat	Ham(turkey) Swiss "Hot Pocket" On a Whole Grain roll Corn and Bean Salad	No School Spring Break Starts
4-6	4-7	4-8	4-9	4-10
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
4-13	4-14	4-15	4-16	4-17
PBJ Uncrustable Carrots	Egg, Turkey Sausage, cheese on bagel Broccoli Salad	Veggie Lasagna with creamy cheese sauce Roll and butter Side salad	Arab American Heritage Month Falafel Bowl, tabbouleh with Yogurt sauce Pita and cucumbers	French Bread Pizza Roasted Broccoli Salad Snow Peas
4-20	4-21	4-22	4-23	4-24
PBJ Uncrustable Carrots	No Hot Meal Turkey sandwich or Uncrustable Cucumbers Slices	Earth Day Thai Veggie Noodles Bowl Edamame	No Hot Meal Turkey sandwich or Uncrustable Caribbean Potato Salad	Chicken Quesa"pizza" Side Salad
4-27	4-28	4-29	4-30	5-1
PBJ Uncrustable Carrots	French Toast Sticks Turkey Sausage Maple syrup Celery	No Hot Meal Turkey sandwich or Uncrustable Potato wedges	Hot Meatball Subs Italian Chick Pea Salad	Pizza Pockets Spinach Salad

## Breakfast Menu

Served with fresh fruit and milk.

Monday through Thursday, choice of:

~Whole Grain Bagel with variety of spreads

~Cereal selection

Breakfast Fridays:

Kitchen Choice Fresh Fruit and Milk

We serve as many whole grains, low fat, and low sodium foods as possible at every meal.

All meals served with milk, whole grain option, fresh fruit, fresh vegetable of the day. All meals served as is, unless allergies are noted, or alternative is ordered by 9:30 a.m.

\* We are a CEP school. All scholars receive 1 breakfast and 1 lunch free of charge. \*Finn Academy is an equal opportunity provider.



**EARTH DAY**  
April 22

# Earth Day April 22, 2026

## What can you do to help this year?



**EARTH DAY**  
April 22



### Single-Use Plastics

The billions upon billions of items of plastic waste choking our oceans, lakes, and rivers and piling up on land are more than unsightly and harmful to plants and wildlife. The following 8 facts shed light on how plastic is proving dangerous to our planet, health, and wildlife. To learn more about the threat and impact of plastic pollution and get tips to reduce your plastic consumption, download our Plastic Pollution Primer and Toolkit and use our Plastic Pollution Calculator today!

**1** - 8.3 BILLION Metric Tons (9.1 BILLION US Tons) of plastic has been produced since plastic was introduced in the 1950s. [\[1\]](#)

**2** - 79% of plastic that has ever been made still sits in landfills or the natural environment (with the exception of the small amount that has been incinerated or recycled) [\[2\]](#)

**3** - Americans purchase about 50 billion water bottles per year, averaging about 13 bottles per month for every person in the U.S.! That means by using a reusable water bottle, you could save an average of 156 plastic bottles annually. [\[3\]](#)

**4** - An estimated 9.7 billion cigarette butts are littered in the U.S. every year, 4 billion of these in waterways. They comprise nearly 20% of all litter. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9265565/>

**5** - In 2017, packaging production constituted the highest-demanded use for plastic, with 146 million metric tons used. [\[6\]](#)